

Resource Sheet for Caregivers

Welcome to Flatirons Surgery Center, and thank you for being part of our care team today. As the person accompanying the patient, you are absolutely an advocate for the patient and we invite you to participate with us to achieve an excellent surgical and service experience.

While our primary focus is on the patient, your comfort and well-being is also important to us. During the surgical procedure, you are more than welcome to wait in our lobby to enjoy some coffee or tea and snacks. We have a variety of magazines available, and wi-fi for you to tap into.

You are also welcome to leave our waiting room – just make sure we have your contact information! We can provide you with updates and time estimates as the patient progresses through the surgical process.

If you'd like to venture out, but stay fairly close, here are some options:

- Flatirons Surgery Center is linked by interior hallways to Avista Adventist Hospital. If you'd like to peruse their gift shop or visit the cafeteria, please do so.
- There are a number of walking trails from campus to adjacent properties and residential neighborhoods. If you would like to get some fresh air, simply ask for the best way to access the paths.

If you'd like to go a little bit further off campus, here are some additional options:

- Flatiron Crossing Shopping Center is just a few miles away. For more information here's their link: <https://www.flatironcrossing.com/>
- Coal Creek Golf Course is just down the road. They have a great practice facility if you'd like to use the range or putting green. <https://www.coalcreekgolf.com/>
- Main Street in Louisville has some lovely shops and restaurants. <http://www.downtownlouisvilleco.com/>
- McCaslin Boulevard has a variety of stores and restaurants. McCaslin Blvd is the major roadway that connects Louisville and Superior. <https://www.superiorcolorado.gov/>
- If you have little ones with you on the day of surgery, Louisville and Superior have some parks that children of all ages can enjoy. A favorite is Founder's Park in Superior, behind the SuperTarget, about 5 minutes away by car.

When it is time for the patient to be discharged, your presence is extremely important for a safe transition to home. During discharge the recovery room nurse will review instructions for care at home with you and the patient. In most cases the patient will still be a bit groggy so it is important that you understand the instructions to review and reinforce them at home and during recovery. Discharge is also an opportunity for you to ask any questions you have so that our clinical team can address concerns.